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easy too! With Vegan Pressure Cooking, you'll learn all of the ins and outs of pressure cooking--including Fri, 04 Jan 2019 04:28:00 GMT Vegan Pressure Cooking: Delicious Beans, Grains, and One ... - Randall Hauk says: I'm not a vegan and hesitant to call anything without meat a "chili", but I also don't always need meat in my meal. Because I'm a sucker for pressure cooking dried beans, I went for this for a quick lunch on a cold, snowy day. Pressure Cooker Three-Bean Vegan Chili - Mealthy.com - Pressure Cooker or Instant Pot Recipes Whether you use a stove-top pressure cooker or an electric one like the Instant Pot or Fagor Multicooker, these recipes will come out fast and delicious. All contain no added oil and are completely vegan. Pressure Cooker Archives | FatFree Vegan Kitchen -

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